



**Chaga International**  
Health ~ Longevity ~ Prosperity

## ***Healing the World - One Person at a Time***

### ***Dear Chaga International:***

I have been suffering from the sleep disorder Narcolepsy for over 10 years. I have been on a prescription medication called Provigil. I have been taking a 200 mg. tablet every morning after I wake up. It helped keep my sleep cycle normal, that is 6-7 hours each night from 11 or 12 until 5:30 or 6:30 am, with no daytime sleepiness. There were days when I had no medication because of early weekend pharmacy closing hours or because I could not leave work early enough or because I ran out of pills prior to pay day.

Although I can count the number of times this happened during ten years on one hand, I can remember the first times I went a day without medication and the horrific experience it was. I would be overcome with uncontrollable sleepiness during the early afternoon and actually fell asleep behind the wheel waiting for the Intra Coastal bridge, at a rail road crossing, and at several red lights, trying frantically to get home. Not only was it very dangerous, but also very frightening. I thought a short catnap would help, but I would remain asleep for 2-3 hours and my entire day would be ruined. After that I would remain at home all day long if I had no medication for a particular day.

A few weeks ago my business partner gave me about a dozen or so drops of Chaga in my beverage because I was complaining about lower back pain. Several hours later, when he asked me how I was feeling, I was so engrossed in my work that I nearly forgot about my sore back. After realizing how much better I felt I decided to go to the Chaga meeting with him. I have been going for about 5 weeks now and decided after hearing other people tell of how Chaga has helped them, to perhaps see how it might help me.

One particular story that really sparked my interest was a woman who had trouble falling asleep for the entire night. My mother sleeps 2 hours then awakens for 2 hours all night long and practically every night has the same broken sleep pattern. I figured it would help her but wondered how it could help me if I have the exact opposite disorder.

I figured that I would begin taking Chaga the next week after I got paid. Since I have no insurance, I must pay \$100.00 cash for 10 tablets of my medication and I was nearly out of pills. A few nights later, I hadn't finished the job I was doing in order to get paid in time to buy my medication. Needless to say, I was totally distraught. My partner gave me what was left in his Chaga bottle and the next morning, upon waking, I took 6 drops under my tongue and then every 4 or 5 hours, I would take 6 more for 6 times that day. Not only did I not get tired, I felt more alert and energetic throughout the day. I did the same thing the next day with the same results.

After 4 days without prescription medication, I can confidently say that I no longer need a pharmaceutical drug to keep my sleep pattern normal and I now have the energy level I had 15 years ago. I can't thank my friend and partner enough for introducing me to Chaga, and Chaga for changing my life.

Thank you for all the goodness you are sharing with the rest of the world. May it come back to you all one hundred-fold.

***Michael Caprioli***

Pompano Beach, Florida

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*Send your experience or story to [support@mychaga.com](mailto:support@mychaga.com).  
We look forward to hearing from you soon!*

*These testimonials were submitted by our Members and Customers and are based on their personal experiences while using our Chaga extract as a nutritional supplement and these may not be common results.*

*Chaga International does not make any medical or curative claims with our product, however we do believe in the concept that when a body is in energy balance, with a healthy immune system, it has amazing God-given healing powers.*